Conversation partner

**Am I a positive or negative conversation partner?**

Do you recognize yourself as conversation partner in the next stagements? Give yourself a score from 1 to 5.

1: I am never like this.

2: I am almost never like this.

3: I am like this once in a while.

4: I am like this a lot.

5: I am always like this.

I am:

**The hasty** (R)

(Let's stop wasting our time talking and do something!)

1 – 2 – 3 - 4 – 5

**The workaholic** (R)

(Let's meet again tomorrow morning at six o'clock to discuss the problem further.)

1 – 2 – 3 - 4 – 5

**The person with ideas** (B)

(You can of course look at this problem differently. A possible solution would be ...)

1 – 2 – 3 - 4 – 5

**The open mind** (B)

(I like to hear other people's opinion)

1 – 2 – 3 - 4 – 5

**The brag** (R)

(For me this is small beer; I solve that in no time!)

1 – 2 – 3 - 4 – 5

**The weakling** (R)

(I accept the majority’s opinion)

1 – 2 – 3 - 4 – 5

**The contrary** (R)

(I often oppose the opinions of others; I always want different things from the rest of the group.)

1 – 2 – 3 - 4 – 5

**The top picker** (B)

(I would like to start with...)

1 – 2 – 3 - 4 – 5

**The regulator** (R)

(This is not foreseen, so we cannot do it.)

1 – 2 – 3 - 4 – 5

**The boss** (R)

(I want it like I want and not otherwise.)

1 – 2 – 3 - 4 – 5

 **The expert** (B)

(These are some points that should certainly be taken into account.)

1 – 2 – 3 - 4 – 5

**The task oriented** (B)

(Come on, there is work to do.)

1 – 2 – 3 - 4 – 5

**The steadfast** (B)

(Despite your comments, I still maintain my position.)

1 – 2 – 3 - 4 – 5

**The doom thinker** (R)

(It is nothing and it will never be something.)

1 – 2 – 3 - 4 – 5

**The doubter** (R)

(I agree with both of you, but I do not want to take a position here.)

1 – 2 – 3 - 4 – 5

**The mediator** (B)

(Is a compromise possible?)

1 – 2 – 3 - 4 – 5

 **The realist** (B)

(We must ask ourselves whether we can actually apply that solution in practice.)

1 – 2 – 3 - 4 – 5

**The risk taker** (B)

(OK, we go for it, I see a chance to succeed.)

1 – 2 – 3 - 4 – 5

Now add the total score of the R’s and B's. R’s are attitudes that inhibit a conversation. B's promote communication.

TOTAL SCORE Rs =

TOTAL SCORE Bs =